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ON TOP OF THE WORLD

Meet 54-year-old biker, a rarity among women her age, to bike across Khardung-La pass

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If badass, gritty, and never-say-die were to resemble a person, Vilma Crasto Carvalho would be it.

The 54-year-old has proven that age, gender, and society are no bar for anyone who wants to truly accomplish their dreams, by becoming one of the rare few women her age to bike across the Khardung-La pass, famously known as the second-highest motorable pass in the world.

The resident of Hennur was born and raised in Kundapura in Udupi District. While she had represented Karnataka at the national level in volleyball, interestingly, Vilma was a late entrant to biking.

In fact, she fell in love with long-distance biking only when she gifted a bike to her son in 2015. "Last year, I went to Leh with the intention to ride to Khardung La. But some technical glitches with the bike, I was not able to accomplish. I finished the whole tour as a pillion but not as a solo rider. I even had a fall during my ride.

"In fact, riding along the Himalayan range is challenging for anyone, but being a middle-aged woman, I was not able to ride as fast as other young riders. As our team had 25 riders all below 35 years of age. I was accompanied by my daughter too who is also a good biker. Last year, I was a lone woman rider with 15 other riders. This year, I was accompanied by my daughter," Vilma said.

Vilma Crasto Carvalho gets a must-have click at Khardung-La pass, the second-highest motorable pass in the world

She recalls that riding towards Khardung La was challenging as the roads are steep at times. With no barricades and presence of fine gravel, the roads are quite dangerous to drive as bikes skid easily and one needs to be careful of not falling into deep valleys. Added to this, the low oxygen levels make one dizzy, nauseated and weak.

Descending from Khardung La towards Nubra valley was also very challenging as it was off-road riding. "In between, the water crossing with the icy waters is quite difficult as water level can increase towards the evening. Staying in camps can be scary as anyone can enter as easily (safety measures for a woman as we travel with an all-men team). At 54, I am not as flexible as the younger generation. Due to off-road riding at the end of the day, the joints of the body ache a lot."

> **My next goal is Umling La (19,022 ft, Ladakh) which is the highest motorable road in the world, hopefully next year** –Vilma Crasto Carvalho

But her rigorous fitness regime for the past six months ultimately paid off. Yoga, suryanamaskar, pranayama and a proper diet, she could overcome them. "The biggest challenges for the ride were riding in high altitude which is accompanied with breathing difficulties and a strange pain in head and neck sometimes we puke too.

"But once you see the Khardung La board, the pain vanishes," she said.

For Vilma, the best part of her journey was that female riders get a lot of respect from other bikers as well as from the defence personnel.

"My next goal is Umling La (19,022 ft, Ladakh) which is the highest motorable road in the world, hopefully next year. Till now the oldest women who scaled this are 51 and 53 years and I am 54. My family has been extremely supportive, especially my two children," she added.

DULT, BBMP aim for greener SWM fleet

Test bed to check feasibility of using electric vehicles for waste management

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The Directorate of Urban Land Transport (DULT) is looking at replacing vehicles used by the solid waste management (SWM) sector of Bruhat Bengaluru Mahanagara Palike (BBMP) with an electric vehicle fleet. A test bed to assess the logistical and operational issues of electrification of solid waste collection fleet has been started in a bid to reduce the use of fossil fuels.

DULT and BBMP are collaborating with Kinetic Green to implement the test bed for three months to try out electric vehicles for solid waste management in a smaller area. The test bed will be carried out in Block 19 and Block 21 of Ward no.119 (Dharmaraya Swamy Temple). Two EV autos will be used for the project, while BBMP will provide the charging station.

Currently, BBMP operates a fleet of three-wheeled tippers on contract basis that perform the last mile service of collecting dry and wet waste from houses. The civic body has 5,279 auto tippers that run on diesel fuel across the wards.

V Manjula, Commissioner, DULT, said, "The project is carried out with the DULT's mandate to promote clean and green transport modes for moving people and goods in our cities. The outcomes of the test bed could yield valuable insights to all stakeholders for planning and implementing a transition to electric vehicles in solid waste management." The test bed is being anchored by the Centre for Research and Innovation (CERI) at the DULT. If successful, it may be extended to an entire fleet.

Chikkapete MLA Uday B Garudachar said transitioning to cleaner modes of transport is crucial to achieve the country's commitment to cut its emissions to net zero by 2070. "This test bed is an important step to understand how we can make a positive change in the way the city manages its waste."

NATION

New Omicron subvariants reported from Maharashtra

Maharashtra has recorded a 17.7 per cent rise in coronavirus cases compared to last week, according to a state health department bulletin.

The state has reported new Covid cases including the XBB, a new sub-variant of the Omicron variant of the SARS-CoV-2 virus, which has been detected in parts of India, including Kerala.

Apart from this, Maharashtra has reported cases from other sub-variants of Omicron- BA.2.3.20 and BQ.1 variant, which was detected for the first time in India on Monday from the sample of a patient in Pune.

XBB, a recombinant lineage between two Omicron sublineages BJ.1 and BA.2.75, is a fast-spreading variant, which was seen to have caused a spike across Singapore recently.

As per the Maharashtra Health Department report, the XBB, has a growth advantage over BA.2.75 and evasive immune properties.

According to statistics the new Covid cases are expected to increase in the state in the October 10-16 period this week by 17.7 per cent as compared to the period between October 3-9. This rise is noticed in Thane, Raigad and Mumbai says the official release from the health department.

On October 17, India detected its first case of Omicron's BQ.1 subvariant in a sample of a patient from Pune. The BQ.1 is a descendant of BA.5, which is behind the 60 per cent Covid cases in the United States (US), as per reports.

Some experts from the health department predict a rise in the coming winter season, especially in a festive environment. In Whole Genome Sequencing (WGS), BA.2.75 decreased to 76 per cent from 95 per cent. **ANI**

Masks, CAB to continue across country

A meeting of Union Health Minister Mansukh Mandaviya with the senior health officials regarding the emergence of Omicron's new sub-variants concluded with the decision to continue masks and covid-19-appropriate behaviour across the country, official sources told ANI.

The team of scientists, doctors and senior officials has also recommended increasing surveillance and genome sequencing.

According to the sources, Niti Aayog member VK Paul, the Chairperson of covid 19 working group NTAGI NK Arora, NTAGI officials, NEGVAC officials and other senior health officials were present at the meeting. **ANI**

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In Indiranagar, some residents can open their gates inward only as sidewalk is at a higher level after white-topping

LEVELLING UP

Residents asked to raise gate pillars at own expense

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In a bizarre development, after white-topping, residents of Indiranagar were asked to open the gates of their homes inwards only.

After the completion of white-topping on CMH road, a few residents complained of not being able to open their house gates outwards. The slabs placed over the drains at a higher level are preventing residents from opening their gates outwards.

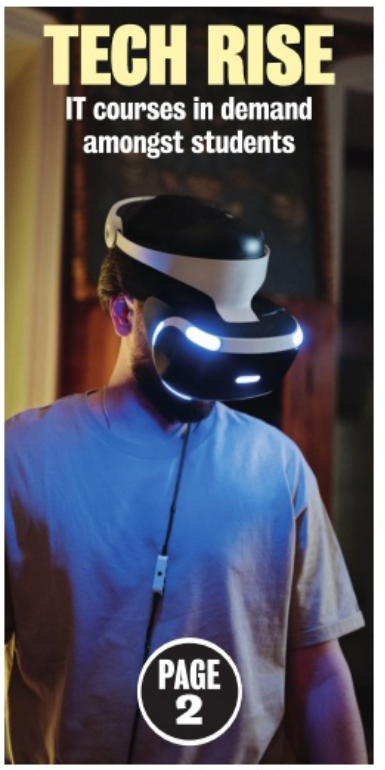
Reportedly, the contractors asked the residents to raise the gate pillars at their own expense. This is yet another instance of the impact of white-topping on citizens.

The delayed white-topping work on CMH road caused a lot of anguish, especially with residents not being able to take their vehicles out of their homes. Senior citizens complained about the difficulty of traversing the area. Even with white-topping work completed, now there seems to be no relief for residents.

A resident of the area, Vani, told BM that with the white-topping done on top of the existing asphalt road, the footpath is blocking her gates.

CONTINUED ON PAGE 4 »

> Most buildings are 30-40 years old, constructed as per earlier level. We can lower the footpath but rainwater will flood compounds
>
> – BBMP official



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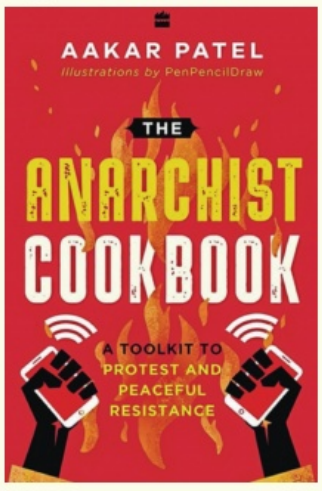
3 THINGS TO DO

01 Dance dance dance

Students of Madhulita Mohapatra from her Odissi dance institution, Nrityantar Academy of Performing Arts, will perform on Friday. This Odissi dance performance is part of Chinna Kala Nadam, a 2-day classical dance festival for children. The performers in this festival will be below 13 years of age. **Where: Ravindra Kalakshetra, JC Road; When: October 21, 7 pm**

02 Book talk



Ranga Shankara in collaboration with Paperback Bookshop is celebrating yet another wonderful book. Author and columnist Aakar Patel will be discussing his latest book, The Anarchist Cookbook, with Mihir Mahajan, adjunct fellow at Takshashila Institution. **Where: Ranga Shankara, JP Nagar, When: Oct 23, 12 pm onwards; Entry: Free**

03 Art meets art

Celebrating its 10th anniversary, the bangaloREsidency 2022 is kicking off with 11 artists from Germany who will live and work in collaboration with 10 of the city's 31 bangaloREsidency hosts for two months. Each one is involved in a different area of the arts – visual arts, performance art, media art and will leave a creative mark on the cultural canvas of the city during their stay.
Where: Max Mueller Bhavan
When: October 21, 6.30 pm
Entry: Free, 80 22511300/33/55/77/99

A student's favourite: IT courses, of course!

Colleges are increasing seat quotas for IT courses while admissions for other subjects are taking a nosedive

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As the world becomes more and more dependent on technology, the demand for IT-related courses is also increasing rapidly in colleges, while admissions for other core courses are taking a hit.

The Karnataka Government has recently announced a nearly 25-per-cent increase in computer science and allied courses seats in government quota seats. The total number of seats for these courses increased from 21,804 in 2021-22 to 27,193 in the 2022-23 academic session. In total, 5,389 seats have been added, as per the seat matrix released by the Karnataka Examinations Authority (KEA).

Not only this, 47 per cent of the allotted seats in the first round of counselling in COMED-K were for computer science education (CSE) and allied programs.

Students say that job opportunities and comfortable work conditions are the major reasons why they are choosing to opt for this field.

Chethan K, an engineering aspirant who wishes to join CSE this year, said, "Computer science has one of the highest salary packages. Job opportunities are increasing every year with new technology... most importantly, it does not involve any field work and the working conditions are usually employee-friendly and comfortable."

Experts say that a shift from the current situation is needed.

Dr K Balaveera Reddy, former vice-chancellor, of Visvesvaraya Technological University (VTU), said. "I brought this issue up in the recent AICCTE meeting as well. I asked what is the need for a 10-per-cent increase in IT-related seats only. But they said that the demand is high for these courses."

"Of course, computer skills are indispensable in today's era. But if you pair these computer skills with core courses like mechanical, civil, electrical, automobile, and others, you can have much better job opportunities. The reason is that all these industries are also in the need of computer skills, it is not just IT field," Reddy added.

He said that the institutes and professors should focus on a more holistic approach to learning instead, where the students are taught basic skills from all the courses, so the scope for job opportunities is much higher.

"One of the reasons for the admissions in these core branches going down is that opportunities are too many unless these branches are equipped with advanced deep-tech technologies. It is very important for affiliated institutions like ours to take up these new advanced technologies and integrate them with the existing curriculum," said the admissions head at Cambridge Institute of Technology.

PICTURE FOR REPRESENTATION ONLY

Many students are opting for computer science education and its allied programs

> **"Such courses don't involve field work and the working conditions are employee-friendly**
> – Chethan K, engineering aspirant

"One of the initiatives that we have taken, for example, with the mechanical branch is that we have introduced additive manufacturing and industry IOT where we have collaborated with Wipro 3D and established this lab so the students are trained in these skills as well. This digital manufacturing is a sector that India is focusing on these days and there is a huge demand for it in the coming years," he added.

He further added that integrating core courses with deep tech skills will also broaden the scope of job opportunities for the students.

"At an institution level, we are able to do this but if it is initiated by the AICCTE or VTU it can speed up the process," he said.

Vocational training to prepare youth for the future

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A Bengaluru-based vocational training and social transformation foundation for the underprivileged youth, Unnati, has partnered with Karnataka Skill Development Corporation (Department of Industrial Training & Employment) and ExxonMobil to extend vocational training to 5,000 students this year.

Students of various government colleges will be trained for free under UNXT, a program by Unnati for final-year students from government degree, ITI, diploma, and professional degree colleges. The duration of UNXT is about 165 hours (including blended learning), spread over 30 days. The offline sessions in the classroom amount to almost 90 hours with 3-hour classes daily. The online modules account for 75 hours, where over 600 short videos and over 3,000 questions are available to help the youth.

Ramesh Swamy, Director, Unnati, said, "Unnati has signed a memorandum of understanding with the Department of Collegiate Education (DCE) Karnataka, Department of Industrial Training and Employment (DITE) Karnataka and Karnataka State Skill Development Corporation, for implementing the VTP and the UNXT programs across the state."

Naveen Shukla, Director, ExxonMobil, said that primacy has been given to skill development programmes that instil confidence among the students of government educational institutions. Halappa Shetty, Deputy Director, Department of Industrial Training and Employment, said that his department has been conducting various skill improvement training programs.

Sushma V, who completed training at Unnati in 2018, said that while she did her post-graduation, her English was weak. "I was weak in spoken English but now, I can participate in any debate with confidence."

Expressing a similar opinion, Deepika Iyengar said that thr training at Unnati helped her immensely.

Hailing from from Madanapalle in Andhra Pradesh, C R Pallavi, who joined the vocational training provided at Unnati also added that she had successfully overcome her stage fear after the training.

K-RERA blunders? Try the Lokayukta

Home-buyers are knocking on State Lokayukta's doors seeking justice for delays and incorrect orders passed by K-RERA

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Home-buyers fed up with inordinate delays and irrelevant orders passed by Karnataka Real Estate Regulatory Authority (K-RERA), are now turning to Karnataka Lokayukta for justice.

One such home-buyer, Dhananjaya Padmanachar, had complained against the RERA chairman HC Kishore Chandra several days back for passing an incorrect order.

It began with Dhananjaya saying in the first complaint that he booked a flat in Mantri Serenity project in 2013 with a delivery commitment of 2016.

"I had waited for quite a long time for the builder to deliver the flat but in vain. I complained to K-RERA in September 2020 but in vain even after writing multiple letters and raising more than 30 help desk tickets on the RERA portal," he said.

Fed up with K-RERA's goof-ups, home-buyers are filing complaints with Karnataka Lokayukta

He said that he had submitted a request to RERA to withdraw his complaint as he had approached the National Consumer Disputes Redressal Commission (NCDRC). "The RERA chairman passed an order on my complaint within two days stating that the case settled between the parties. This is false information," he said.

Now, he has approached Lokayukta for justice.

He requested the Lokayukta to investigate against K-RERA chairman as per the Karnataka Lokayukta Act 1984 as to why incorrect orders were passed and to rectify the orders to reflect the truth.

"I request the honourable Lokayukta to investigate the letters, memorandums, and media publications to understand the struggles Karnataka home-buyers are undergoing due to ineffective functioning of K-RERA," he said in the complaint to the Lokayukta.

BangaloreMirror
K-RERA order goof-up has homebuyer peeved
Our Oct-13 story on Dhananjaya's ordeal

Dhananjaya is not the only one. Shailesh Charati, a home-buyer, also lodged a complaint with Lokayukta against RERA chairman HC Kishore Chandra, Members D Vishnuvardhan Reddy and Neelamani N Raju.

"I complained to RERA in April 2021 against the developer Arya Gruha Pvt Ltd advertising the amenities of our apartment "Arya Hamsa" as shared facilities with another project "Arya Hamsa Grande". I also complained against the developer's claim that the two projects are phases of the same project. The matter was heard in October and November 2021 and was posted for orders. After several follow-ups, the order was passed on May 6 2022. I was surprised to find that the order did not list any of the issues I have raised in my complaint for examination. RERA did not examine the 28 documents which were submitted as evidence by me," said Shailesh Charati.

He said that he was compelled to raise a complaint with Karnataka Lokayukta who are now investigating.

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It's raining misery

Shravanthi Oakridge villa residents held captive in their homes due to sludgy, crater-filled road

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Resident of Shravanthi Oakridge villa say that the road is in such a condition due to the poor quality of work done by the authorities two years ago

Whenever it rains, the residents of Shravanthi Oakridge villa, off Talaghattapura, sixth stage Banashankari are forced to cross a pile of sludge, mud and potholes.

The residents say that the main approach road to the villa is in a horrible mess due to shoddy work from utility agencies two years back.

This road is easily accessible to Ring Road by Kendriya Nagar and Banashankari fourth block residents too.

Since this road is dug up, whenever it rains, the roads get sludgy and slippery and the overflowing culverts lead to water stagnation resulting mosquito menace.

Residents complain that the filth and stench generated because of sludge is unbearable. As many earth excavating machines and heavy vehicles use the narrow road, the road is riddled with potholes. Residents complain that it has become difficult to drive on these roads.

Raghu Seshagiri, a resident, said, "I am forced to take a detour of two km to reach my daughter's school bus pick point. If the road were to be in good condition, it could have been just a two minutes drive. Riding on this road is like dirt track driving. I fell off my bike once while going to the office and had to return to change the dress."

Walking or driving on the road is risky and a nuisance, the residents complain.

Mohun Bhojnal, another resident said, "Fortunately we have not seen any emergencies till now as we cannot imagine how patients would travel in an ambulance on this road as it is impossible for emergency exits. Many problems in going out

"I am forced to take a detour of two km to reach my daughter's school bus pick point. If the road were in good condition it could have been just a two-minute drive – Raghu Seshagiri, a resident

of their homes or coming back due to road conditions. It is a common scene that cabs keep cancelling trips once they see our location. Worse, autos don't ply these roads at all. We are forced to walk on these roads risking our lives. However, there is no guarantee that the dress will be in the same condition as the sludge gets splashed away. So, in a way, one gets caught in the apartment as we don't have a way to exit for important work due to bad road conditions."

Residents say that this gated community has 56 houses and apart from that there are more than 300 houses in and around the area which are affected.

The road was dug up by BWSSB for laying a Cauvery water connection. Since then, the road has not been properly fixed and now the responsibility of fixing the road is being tossed between BBMP and BWSSB. The residents say that during non-rainy days it is a bumpy ride with dust all around and when it rains, the dust reduces but it turns into a sludge field.

White-topping: The next level

CONTINUED FROM PAGE 1

"The level of the road is much higher now after white-topping. The pavement and the footpath are being brought to the level. The BBMP has total disregard for older homes in the area. Previously, roads were built taking into consideration the lay of the land and vice versa. Huge slabs placed on the drains are now preventing me from opening the gate outwards," she added.

Vani added that she cannot just raise the pillars."To raise the pillars, I will have to build new pillars. The contractors are asking residents to raise the gate at their own expense. This repair work will involve major expenses," she added.

Indiranagar is by and large a commercial area now; the houses were built long ago as per the level of the road at the time. While commercial establishments can adapt to the new level easily, it is a bigger burden on older residential houses.

Vani added that due to the problem she is forced to lift her two-wheeler often and hasn't been able to take out her four-wheeler for the past three months. Residents are expected to find their own space for parking vehicles for the duration.

Many residents have been leaving their vehicles on the streets since the beginning of white-topping work. Some residents objected to the move stating that this raises risks of theft and damage to the vehicles left abandoned on the streets.

One resident expressed concern about how such moves by the authorities are likely to cause inconvenience to senior citizens.

Vaishnavi, another resident of CMH road said that on the one hand, white-topping damaged our gate, and now the civic body expects us to pay for raising the gates.

"Previously, the gate could not be opened because the footpath was dug up; now, we cannot open the gate due to the footpath slabs. Our small gate was damaged and left in this condition for over two months. During that period, the two-wheeler had to be parked across the street. Now, we have no choice but to raise the gate pillars," Vaishnavi told BM.

Indiranagar residents are currently waiting for officials to complete the work and thereafter lay down ramps to take out their vehicles.

BBMP officials, meanwhile, said the footpath can be lowered but it will flood the houses. "Over time the height of the roads has come up. Most buildings are 30-40 years old, constructed as per the earlier level. We can lower the footpath but rainwater will flood the compounds. Currently, gates can be opened inward, henceforth it should not be an issue for residents." said a senior BBMP official. The civic body clarified that it won't be covering the expense involved in raising the gate pillars. The strange predicament faced by the residents of Indiranagar may affect homeowners of old buildings in places where white-topping work is planned.

Residents are forced to lift their two-wheelers to bring them to road's level and many are not able to use their four-wheelers

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No place to walk

Jayanagar

This BESCOM transformer in front of JCCA, 33rd Cross, 9th Main, Jayanagar 4th Block, is blocking the pavement and there is no place to walk

Pavement menace

Shivajinagar

Footpaths opposite Russel Market in Shivajinagar are completely blocked.

New dumping ground

Sultanpalya

These BESCOM poles near the 3rd cross, Hanumanthappa Layout, Sultanpalya, opposite Sania Apartment have become a garbage dump yard.

Rain for a few days more

KAUSHIK JN

Jam on Airport Road near Yelahanka extended up to 1 km as motorists stopped under the rail bridge for shelter from rain

The Met Department has predicted rainfall in the city for a few more days. As per the predictions of Tuesday, the city will have a generally cloudy sky with rain/thundershowers and maximum and minimum temperatures likely to be around 28 and 20 Degree Celsius respectively.

A Met Department official said, "The cyclonic circulation over south Andaman Sea and neighbourhood lay over north Andaman Sea and neighbourhood. Under its influence, a low pressure area is likely to form over southeast and adjoining east central Bay of Bengal during next 48 hours.

It is likely to move west-northwestwards and concentrate into a depression by October 22 morning over central Bay of Bengal (BoB). It is very likely to intensify further into a cyclonic storm over west central BoB subsequently." Meanwhile, Bengaluru City has crossed the all time record of annual total rainfall of 1,709.1 mm on October 17 which surpasses the previous record of 1696.0 mm which was recorded in 2017. —BMB

₹15 cr+ spent to fix 22,000 potholes

No we are not kidding. Just number-crunching by BBMP

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Bengaluru seems to have earned a sobriquet-city of potholes. Would you like to take a guess as to how many potholes are there in the city and how much is spent to fill the potholes? Well, you will be shocked to hear that according to the Bruhat Bengaluru Mahanagara Palike (BBMP), 22,000 to 23,000 potholes have been filled up this year by spending a whopping Rs 15 to Rs 20 crore! Worst of all, the city still has thousands of potholes which are waiting to be filled.

The city's fatal potholes are once again in spotlight after a 50-year-old pillion rider died on Tuesday after she was grievously injured when she fell due to a pothole near Sujatha talkies on Monday and was later run over by a KSRTC bus. So far, 10 people have lost their lives after falling due to potholes in the city. In the last one year, 621 people have died in accidents in the city and bad roads constitute a major reason for the deaths.

After the fatal accident on Monday, the BBMP was quick to fill up potholes the same day, albeit in a shabby manner. It even attracted criticism from the Chief Minister who said that he has ordered the civic agency to do a proper job. BBMP Chief Commissioner Tushar Giri Nath said, "The count of potholes is dynamic. This year, we have filled close to 20,000 to 22,000 potholes by spending Rs 15 to 20 crore. Earlier, we would spend Rs 30 crore a year to fill potholes. This year, as we have decided to computerise the entire process of billing, the amount is pegged at Rs 15 to Rs 20 crore."

Tips and precautions

Vehicle must be well-serviced and maintained. Proper shock absorption and cushioning must be there in the vehicle. If the shock absorption is good, at least 20-30 pc of the impact of the load will be transferred to the vehicle.

While driving at night, roads should be well-lit so that there is good visibility of the road conditions.

For any accident, minor or major, the individual has to receive proper medical care as early as possible.

"The 'Golden Hour' or the first 60 minutes following a trauma is a critical window when timely medical intervention can offer the victim the highest chance of survival," according to Dr Mukartihal.

But why do the city's roads develop potholes? Traffic expert MN Sreehari said that poor quality of road construction is to be blamed. He told Bangalore Mirror, "Bitumen should be 5.5% for roads. While laying the road, the temperature of the bituminous mix should be between 145 and 160 degree Celsius. Bitumen is like black gold and quite expensive and many contractors use the bitumen in the range of 2.5 to 3% instead of 5.5% and so how can one expect quality in the road construction?"

We spoke to doctors who told us about the adverse effects potholes are having on the riders. Dr. Ravikumar Mukartihal (Consultant Orthopaedic and Joint Replacement Surgeon, SPARSH Hospital) said that deaths due to potholes are a key concern. Potholes can also cause a number of health issues.

"The health impact of potholes can be categorised as micro and major trauma. Under micro trauma, issues such as ankle sprain, knee ligament sprain, back and neck sprain are commonly seen.

Under macro trauma, an individual may have severe issues such as injuries to the spine, osteoporosis fractures, disc-related diseases, and chronic back pain which cannot be resolved with conventional methods of treatment.

Osteoporotic fractures are common among women because the condition of osteoporosis (weak and brittle bones) is very common after menopause. Weak and brittle bones are susceptible to any trauma and sudden load due to potholes."

He said an issue under macro trauma is spine fracture. "When a rider/driver is going on a two-wheeler or a less cushioned vehicle and if there is a sudden jerk due to potholes, it causes an impact on the spine due to the force at which the vehicle goes inside the pothole. Spine fractures may sometimes need surgery and sometimes they may need prolonged rest for three to six months."

The doctor said a large chunk of expenditure on health for the common man can be brought down if our roads are fixed and we can avoid all minor and major injuries caused due to potholes.

HC gives 3 months to remove encroachment on public land

The High Court of Karnataka on Tuesday directed the authorities to remove encroachment of 67 acres of public grazing land (gomala) in Kacharanayakanahalli near Jigani in Anekal taluk, within three months.

A report has to be submitted to the court after the private parties are removed from the property, the court said in its order.

A local resident N Jayapal Reddy had filed a public interest litigation (PIL) which was heard by Chief Justice Prasanna B Varale and Justice Ashok N Kinagi. After issuing the directions, the hearing of the case was adjourned to January 25, 2023.

During the hearing, the government advocate submitted an affidavit filed by the Tahsildar of Anekal which stated that 67 acres of land have been encroached. On this encroachment, 306 houses have been constructed and the authorities removed 30 of them. PTI

Notice to Lokayukta police, govt for not uploading FIRs on site

The High Court on Tuesday ordered issuing of notices to the Additional Chief Secretary Department of Personnel & Administrative Reforms (DPAR) and the Additional Director General of Police (ADGP) of Lokayukta police, in a public interest litigation (PIL) seeking uploading of FIRs on websites within 24 hours.

The Division Bench Chief Justice Prasanna B Varale and Justice Ashok N Kinagi ordered issuing of notices hearing a petition filed by advocate Umapathi S, and adjourned the hearing to November 9. The petition says that as per the Supreme Court judgment in Youth Bar Associations of India Vs Union of India case in 2016, it was mandated that the Union and State Governments should upload the copies of FIR within 24 hours of filing them. In 2018, the Anti-Corruption Bureau (ACB) and Bangalore Metropolitan Task Force (BMTF) complied with those directions. PTI

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personal

CHANGE OF NAME

I Ambika George W/O, Denny George Malikayile R/o No 16, 14th Main Road, Vasantha Nagar, Bangalore - 560001 have changed my name to Ambika Tandon for all purposes.

I Pragnya Prakash Pradhan S/O, Chudamani Pradhan R/o 310 Spectrum Ambara, Whitefield 560066 have changed my name to Pragyan Prakash Pradhan for all purposes.

I, Mohamed Seraj Residing at No.1221, 10th Cross, 1st Phase, MCECHS Layout, Dr. Shivarama Karanth Nagar, Bangalore-560077 have changed my name to MD SERAZ S/o. Mohmed Khudadin Quadri vide affidavit dated 18-10-2022 Sworn before notary: S.R.Ravikumar, Bangalore

I, Muhammad Sabir Ali Muhammad Vakil Residing at No.45, 1st Cross, Shanthin Nagar, R K Hegadenagar, Dr.Shivarama Karanth Nagar, Bangalore-560077 have changed my name to MOHAMMED SABIR ALI S/o. Mohammed Wakil vide affidavit dated 18-10-2022 Sworn before notary: S.R.Ravikumar, Bangalore

I, FAMIDA W/o Late. Nazeer Khan R/a No. 31-1, Karpura Adam Sab Lane, Bangalore-02 have changed my name to FAMIDA KHAN vide affidavit dated 15.10.2022 before notary V. Rajashekhara, Bangalore.

I Denny George S/O, Elizabeth George R/o Flat No 001 Versova Earth, Kaggadaspura Main Road, Cv Raman Nagar, Bangalore - 560093 have changed my name to Denny George Malikayile

I,ROMIO Mandal R/o D3 ASPEN block regency, pinnacle heights, rachena halli ,Dr shivarama karanthnagar bangalore 560077 have changed my name to Romio K Rajkumar for all purposes

I Syed Aneesur Rehman S/O, Syed Basheer Ulla R/o #1/1, 11th Cross, Kanakanagar, J P Nagar Post, Yelachenahalli, Bengaluru - 560078 have changed my name to Syed Anees Ur Rahman

I, Chandrashekara Shivanna R/o 4083 1st Floor 10th A Cross Banashankari Bangalore 560050 have changed my name to Chandrashekar Shivanna for all purposes

I, Syed Nooruddin Syed Hussain S/o Syed Hussain R/o 28/1, 8th Cross , 1st Main Road Vinayaka nagar Adugodi B'lore-560030 have changed my name to Syed Nooruddin

I, Vijay Jebin Robert Vetharaj S/O, Robert Vetharaj R/o 15/1 D&f Block, Anglo Indian Street, Austin Town, Bangalore 560047 have changed my name to Vijay Jebin for all purposes.

I, NAZEER AHMED SAMIULLA S/o, Nazeer Ahmed R/o No 5/1, 1st Floor, 17th Cross, Opp 5th Main, Lakkasandra, Bangalore-30. have changed my name to SAMIULLA SHARIFF for all purposes.

LOST & FOUND

I, would like to inform the general public that the Original Will Deed Dated 06.11.2003 vide document no 196/2003-04 Book on III, in CD No.22, registered in Bangalore, have been Lost. If any persons who finds it is requested to return the same to me at below mentioned Address. Mr.Manjunath P residing at Site No.9/6 (old no 7) 20th cross, Bhuvanesh warinagar (previously Marriyappa napalya Kempapura Agrahara, Magadi Road B'lore-560023.Contact: 7892049551

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I, Saraswati K Residing at Mahalakshmi Layout. I have lost my Allotment letter of site no 164 located in Anjanapura BDA 3rd A block on 20-09-22 near kengeri. If anybody found please handover to the nearest Police station or above address or Contact 9845162595

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Dear Coleen

I'm a divorced woman in my 30s and have a young son with my ex. For the past few months I've been seeing someone I met on a dating site. I knew he was in the process of going through a divorce, which isn't ideal, but he's very attractive and we got on so well.
My problem is, he's gone cold on me and I'm struggling with it because I really like him, and don't know how much to push him. Recently, he's stopped getting in touch and when I asked him what was going on, he just said he needed some space and to have some freedom after being in a hellish marriage and then the divorce.
I get it, but I feel a bit used and I also thought we had a special connection. We haven't broken up as such, but I feel like it's all on his terms. Any advice would be appreciated.

COLEEN SAYS

The fact he dropped off the radar without explanation and you've had to chase him to find out what's going on is not a good sign. I wouldn't push him at all. I'd give him the space – stop calling him, texting him or emailing him.
I think this is his way of telling you he's just not ready. Divorce, as you know, is stressful and he might have suddenly felt overwhelmed that he's on the cusp of getting into another relationship. I think he was looking for companionship and sex, but maybe nothing deeper. I think if he were really into you, he would be making the effort and he's not. I think it's a sign that he's not as interested in you as you are in him.
So, just walk away and get on with your life. I think you're wasting your time and you don't want to be someone's rebound relationship.
I know it's hard when you like someone and you've made a connection, but it's better to end it now in the early stages than after he's become a bigger part of your life.

—Coleen Nolan, Daily Mirror

Don't hit that snooze button

A study finds people snooze the alarm more often than they think

If you got delayed getting out of bed this morning, you're certainly not alone as a study by researchers at the University of Notre Dame has painted a clearer picture of the human tendency to hit the snooze button.

The study, published in the journal SLEEP, found that 57 per cent of the participants were habitual snoozers. While scientists and medical professionals have long advised against it, the act of snoozing -- how often and why we do it -- remains virtually unstudied.

"Most of what we know about snoozing is taken from data on sleep, stress or related behaviours," said Stephen Mattingly, lead author of the study. He conducted the research while a postdoctoral researcher at Notre Dame, with Aaron Striegel, a professor of computer science and engineering at Notre Dame.

He added, "Alarm clocks, smartphones, they all have snooze buttons. The medical establishment is generally against the use of snoozing, but when we went to look at what hard data existed, there was none. We now have the data to prove just how common it is -- and there is still so much that we do not know."

The Centers for Disease Control estimates that 1 in 3 Americans do not get enough sleep. The findings of the study suggest snoozing may be how some battle their exhaustion.

"So many people are snoozing because so many people are chronically tired," Mattingly said. "If only 1 in 3 people are sleeping adequately, that means a lot of us are turning to other means to manage fatigue."

The study surveyed 450 adults with full-time, salaried employment. Participants completed daily surveys and a questionnaire. Data collected from wearable devices measured sleep duration and heart rate. According to the study, females were 50 per cent more likely to snooze than males. Snoozers tracked fewer steps than other respondents and experienced more disturbances during sleeping hours.

"These are people who have been in the workforce for years, white-collar workers with advanced degrees -- and 57 per cent of them are snoozing," Mattingly said. "Critically, these statistics are only representative of a small population that is likely to be in the best position with respect to sleep habits. We have no idea about various age groups such as teenagers, lower-income households or any of the populations that are historically more sleep deprived than the respondents of this study. So, the odds are this is probably a conservative estimate of the wider population."

The study also considered each respondent's chronotype, or when they prefer to go to bed and wake up. Night owls were found to snooze more and were found to be more tired in general. "In the 9 to 5 world," Mattingly said, "night owls are losing."

"Part of the focus of this study was to demystify what is happening with snoozing," Striegel said. "Is it really worse than waking up to an alarm on the first ring -- is it that much different? The recommendation against an alarm is well-founded, but as far as we can tell from the physiology and our data, waking to one alarm or hitting the snooze button and waking to two or three alarms doesn't make much of a difference. If you need an alarm because you're sleep-deprived -- that's the issue."

When respondents woke naturally, without the aid of an alarm, they slept longer and consumed less caffeine. Snoozers and non-snoozers are getting the same amount of sleep. Snoozers aren't taking more naps and they do not report feeling tired more often.

"When we are able to sleep as long as we want," Mattingly said, "the body experiences a stress response right before waking. That physiological response contributes to an individual feeling alert when they wake up."

Disrupting natural sleep cycles with an alarm can lead to sleep inertia -- the feeling of being tired or groggy. "When you wake up from a REM sleep state," said Mattingly, "your brain is most of the way to being fully awake. Hormone levels circulating at that stage are going to be different than when you're in a deep sleep."

Waking up to an alarm is sort of like a double whammy, bypassing the natural stress response needed to feel alert and waking you up with brain chemistry that's out of whack.

Both Striegel and Mattingly say more research is needed to understand any potential negative health impacts of snoozing, and Mattingly emphasized that the best advice is for everyone to sleep as much as their body needs.

Still, snoozing may have its benefits.

"If you snooze and you're more alert when you get behind the wheel to go to work, that might be a benefit and a useful one," he said. "If it reduces dependence on caffeine, that's another. It's not uniformly bad -- similar to stress. Some stress is good -- that's why we have the fight or flight response. There are times and places for it. There may be cases when hitting the snooze button is actually beneficial."

—ANI

MIRRORLIGHTS

Play Time, napping or skincare

Our adult lives are full of daily rituals that keep us on a schedule right from morning routines to gym routines. However, much we may want to break free from the shackles of our timebound daily tasks, they actually help us achieve a mental sense of achievement contributing towards growth. In a much similar manner, children – especially newborns and toddlers, require regular routines that help bring stability and comfort in their growing years. Even though a newborn cannot distinguish between dawn and dusk, ensuring a set routine for feeding, nap, playtime and body care can be a great step towards providing your baby with the care and affection that is quintessential for their healthy development.

Still wondering if you should set a routine for your munchkin? Cetaphil Baby's team of experts have got you covered by jotting down the top four reasons why going by the clock is the best for your baby!

Fixing a feeding schedule: Frequent feeding at fixed intervals is a must for babies. Ensuring fibre and nutrients rich food combined with routine feeding is the first step towards your baby's healthy growth!
Play at the right hour: Parents are their baby's first playmates. The two of them can connect through play in an enjoyable way. Marking that one evening slot to spend some fun time and cuddle with your little one is a great way to strengthen your bonding without hampering your baby's schedule!
A nap schedule is a must: One cannot stress enough the importance of a good bedtime routine for babies. Apart from playing a major role in cognitive development, frequent napping ensures your baby is happy and flowing with energy during these growth years. A nourishing body-care routine Well, there's more to a baby's daily routine than simply the eat, play, sleep and repeat pattern. Products including a hypoallergenic shampoo and body lotion are must-haves for your baby's body-care regime to ensure good hair health and retain moisture in the skin without exposing your baby to chemicals. —IANSlife

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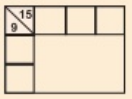
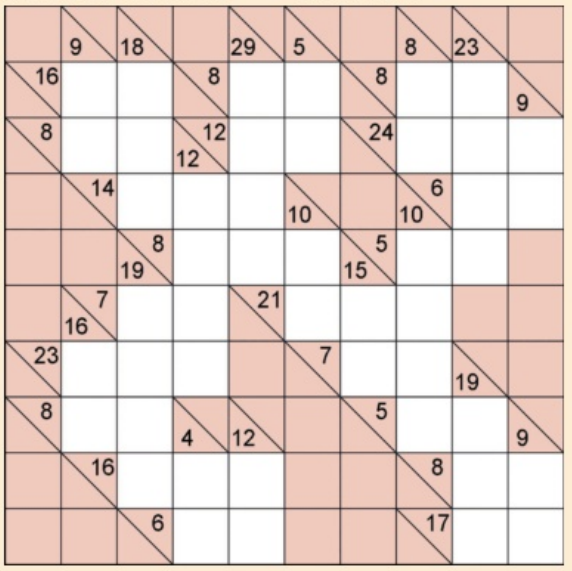


The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



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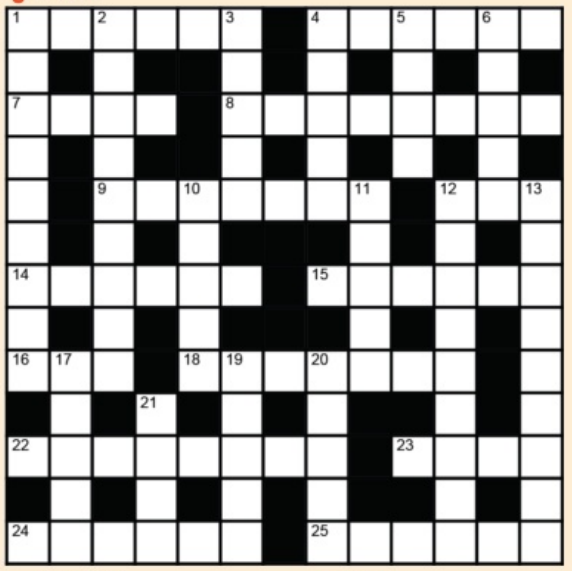


ACROSS

1 Local inhabitant (6)
4 Rough and husky (6)
7 Arabian sultanate (4)
8 In progress (5,3)
9 Determined the sum of (7)
12 U.N. arm (3)
14 Small tower (6)
15 Leading commodity (6)
16 Actress Thurman (3)
18 Newspaper bosses (7)
22 Undeviating (8)
23 Chinese: Prefix (4)
24 Strikes lightly (6)
25 Contemporary (6)

DOWN

1 Rice noodle delicacy of Karnataka (4,5)
2 Italian restaurant (9)
3 At par; proportionate (5)
4 Bush fence (5)
5 Area of ground (4)
6 Escargot (5)
10 Loyal subject (5)
11 The aforesaid or same (5)
12 Unemotional (9)
13 Inflated or pretentious? (9)
17 Travellers' accommodation (5)
19 Impressionist painter (5)
20 Tribal symbol (5)
21 Not of the clergy (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: W EQUALS P

DRKE WHGWXH CHYZM UMH ZSYXU UMHE CYXX AHHX RZRYKQU UMH WXHRQSPH GA UMH AGPTYNNHK RLUYGK UMHE CRKU UG UROH.

Linemaro

Is everyone in your family as beautiful as you?

Mindchow

Charm is a way of getting the answer 'yes' without having asked any clear question

Joke of the day

Something you don't want to hear a doctor saying in operation theatre: "If this is kidney and that is liver, what the heck is this?"

Loop

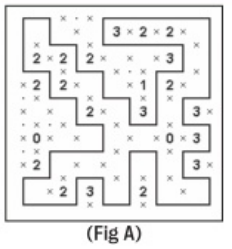
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

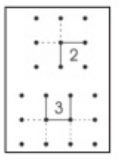
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

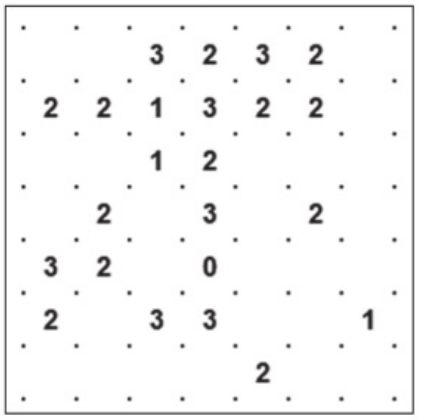
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



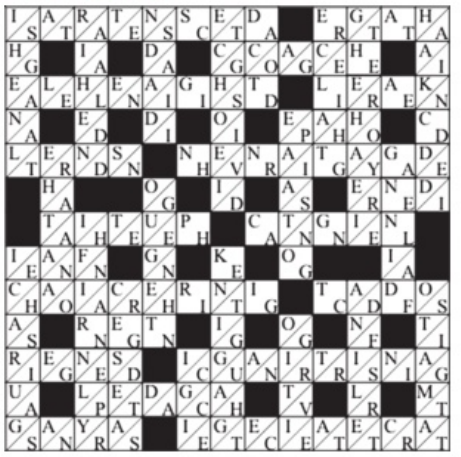
(Fig A)



(Fig B) Not Allowed



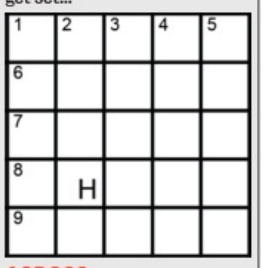
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Be erg; 6 Lenin; 7 Oasis; 8 Hunts; 9 Gees I

DOWN

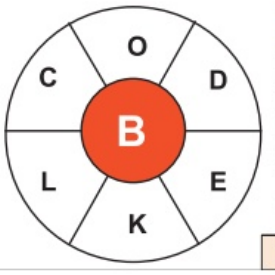
1 Slogs; 2 Irish; 3 Us ENE; 4 Begin; 5 Eaten

Mensapuzzle

What letter is two letters to the right of the letter two letters above the letter four letters to the left of the letter Z?

A	B	C	D	E	
F	G	H	I	J	
K	L	M	N	O	
P	Q	R	S	T	
U	V	W	X	Y	Z

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

06 Average; 07 Good; 09 Outstanding

SudokuChallenge

2	9		8		4		5	6
	7						2	
		4				3		
	2		9		8		3	
		9	2		1	8		
	8		3		7		4	
		2				5		
	5						6	
4	1		5		6		8	2

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 4

2 6 8 8

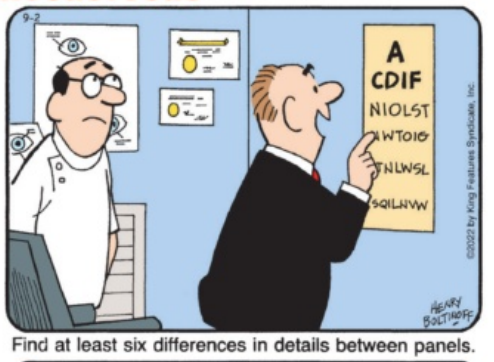
Medium = 85

1 5 8 9

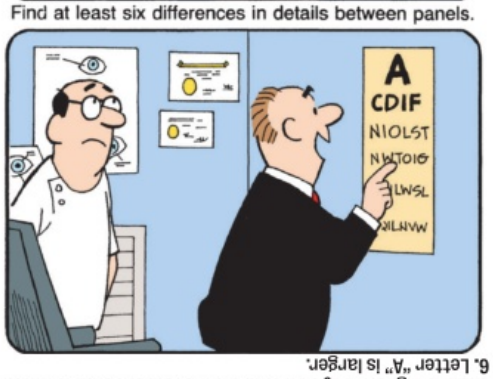
Hard = 4

4 6 9 5

Hocusfocus



Find at least six differences in details between panels.



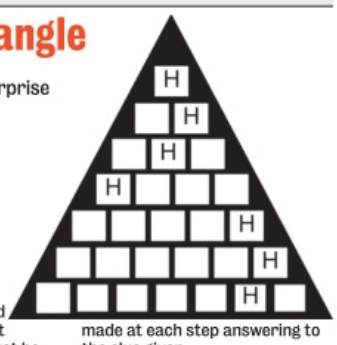
Differences: 1. Arm is moved. 2. Ear is smaller. 3. Back of chair is higher. 4. Eye on chart is moved. 5. Collar is missing. 6. Letter "A" is larger.

Riddler

Which three letter word completes the following longer words: pr—ss, c—r, manp—r, sh—d?

Alpha triangle

1 8th letter
2 Interjection of surprise
3 Pi follower
4 60 minutes
5 Unpolished
6 Drinking spot
7 Fetched



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

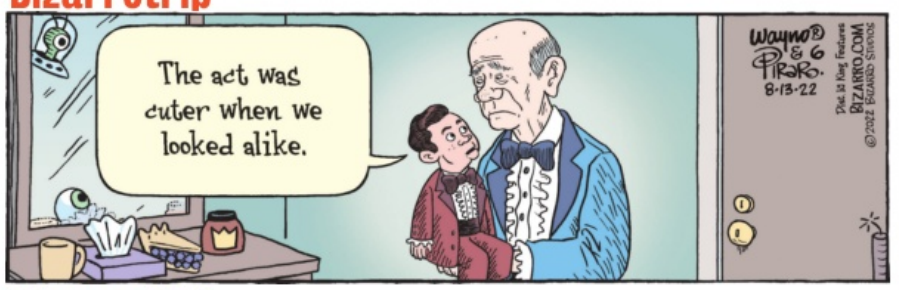
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

IT'S ALMOST TIME FOR THE BATTLE, BUT I CAN'T FIND TANGLEFOOT ANYWHERE!
HE'S LIKELY HIDING BEHIND A ROCK... THAT'S EXACTLY WHAT THE COWARD WOULD DO!
8:3
IT IS NOT!

Bizarrotrip

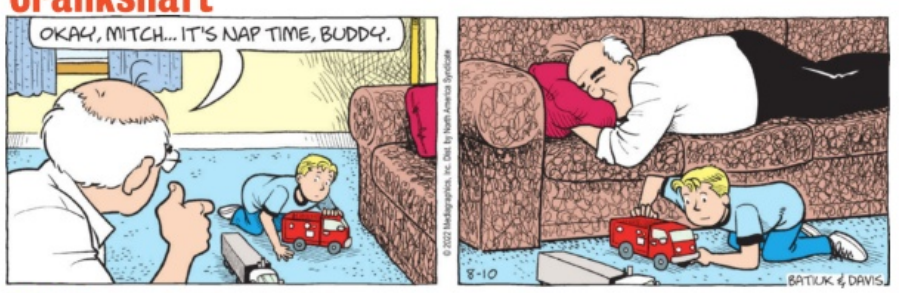


Diamond Lil

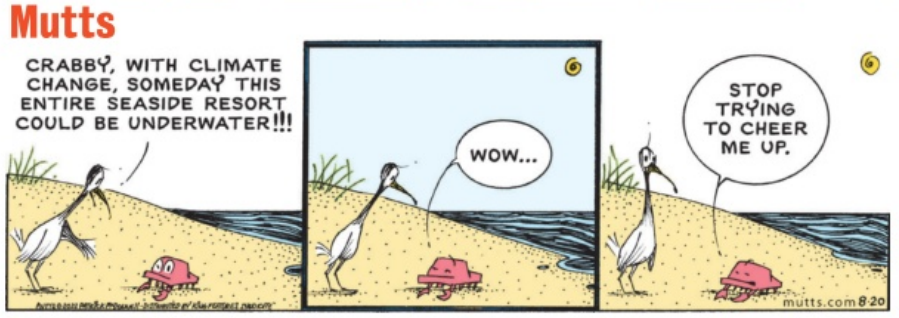
Hart of the city

THE AIR CONDITIONING IS ON, BUT I'M STILL SO HOT!!
THERE SHOULD BE A PERSONAL FAN THAT YOU CAN HOLD IN YOUR HAND. IT'LL MIST YOU WITH WATER TOO. I'LL CALL IT... HEART'S FANS.
THOSE ALREADY EXIST, HON. SEE? THEY'RE EVEN ON SALE AT BEYOND BATHS.
OH, WOW! WHY MAKE SOMETHING WHEN YOU CAN JUST BUY IT! GET TWO!
HART OF THE CITY © 2022 ANDREWS MCMEEL

Crankshaft



Mutts


CRABBY, WITH CLIMATE CHANGE, SOMEDAY THIS ENTIRE SEASIDE RESORT COULD BE UNDERWATER!!!
WOW...
STOP TRYING TO CHEER ME UP.
mutts.com 8-20

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
You may feel disappointed and distracted today and you may not be able to take up your responsibilities. Your investments may yield you some loss. You are advised to read documents carefully before signing them. Elders' health may make you upset. You may plan to reconstruct your house, but it is advised to postpone renovations for a while.

Taurus Apr 21 – May 20
Today you may be busy at work, You are likely to get a big order for your business. You are likely to start a new partnership. You may get some investments in your business. Your relationship with your spouse will be improved.

Gemini May 21 – Jun 21
Today you may be busy with your family and enjoy with them. You may expect some new sources of income, which may boost your financial health. You may have to control your expenditures on worthless stuff. You may buy some worthwhile things that may increase your social status.

Cancer Jun 22 – July 23
Today elder's blessing may help you to improve and have patience. You will be more focussed and it may help you to achieve your goals. You may perform well in your work and domestic life. There may be some balance between expenditures and savings. It may boost your savings.

Leo Jul 24 – Aug 23
Today you may feel lazy and dull which affects your current speed of the project or work in terms of delay. Love birds are advised to avoid any important decision in terms of marriage. Job seekers have to face rejections.

Virgo Aug 24 – Sep 23
Today your internal power may make you happy, you may get short gains in terms of investments. You may establish good relations with your boss. You might get a promotion. Your respect in society may be increased. You may also expect some work-related travel.

Libra Sep 24 – Oct 22
Today you may be blessed by the moon. You may get a high position after your hard work. Your performance in the work may be improved. You may also meet some influential person who may give you a good direction to improve your life. You may manage your domestic issues very easily which may boost harmony in domestic life.

Scorpio Oct 23 – Nov 22
Today you may be happy, things may be somehow better. You may plan to visit some religious place, it may give you inner strength. You may also donate some amount to a religious place or to charity. You may expect some overseas travel in terms of education or work. Couples may get their suitable match. Singles are likely to find a soul mate.

Sagittarius Nov 23 – Dec 22
Today you may feel unhappy and dull which will affect your way of working. There may be some delay in your projects being completed. It may affect your prestige in professional and domestic life. It is advised to avoid adventure tours or rash driving. Job seekers may be disappointed in terms of a new job.

Capricorn Dec 23 – Jan 20
Today you may feel positive vibration around you. Things will be more under control. You may plan to start a new business in partnership. You may expect some long-distance travel also. There will be harmony in your domestic life.

Aquarius Jan 21 – Feb 19
Today you may perform well at work. You may have a good bonding with the boss and you may get some new responsibilities in terms of promotions. Chronic health issues may be cured now. Disputes with the siblings may be resolved now. Job seekers may find a new job.

Pisces Feb 20 – Mar 20
Your kids may keep you busy today. Couples may hear good news. You may think to update yourself and make some plans for higher studies for getting a promotion in the current job. Singles may find their soul mate. People working in education, consultancy, and the banking sector will do better.

KIDZONE

Srilakshmi M, 10 Years, Kendriya Vidyalaya

Aisw Arya V Kumar, 10 Years, Sri Sri Ravishankar Vidya Mmandir

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
= 3·4-27÷27
81+1 = 82

RIDDLER
OWE (prowess, cower, manpower, showed)

QUOTE UNCODE
Many people weigh the guilt they will feel against the pleasure of the forbidden action they want to take.

FAST FIVE
GREEN, LINEN, SHUNT, OSSIA, SILENT

BULL'S EYE
bled, block, BLOCKED, bloke, bode, bold, bole, lobe, lobed

STRIKE OUT
STREAKS, ETCETERA, HEAT, LEAN, ALIGHT, LEACH, HAIL, COACH, RETAKE, TEDS, HERITAGE, NEAT, IGNITING, COACHING, INNOCENT, TELEPHONE, ANGEL, TRAILED, ENDITORS, UMA, TURRET, STAPLE, PLEAD, FLICKS, MODERN

QUICK
NATIVE, HOARSE, OMAN, UNDERWAY, PTALLIED, LOT, TAG, GEL, TURRET, STAPLE, TRAIN, GHT, SINO, LEO, DITORS, UMA, TURRET, STAPLE, PLEAD, FLICKS

MENSA PUZZLE
N.

SUDOKU

2	9	3	8	7	4	1	5	6
5	7	1	6	9	3	4	2	8
8	6	4	1	2	5	3	9	7
7	2	5	9	4	8	6	3	1
3	4	9	2	6	1	8	7	5
1	8	6	3	5	7	2	4	9
6	3	2	7	8	9	5	1	4
9	5	8	4	1	2	7	6	3
4	1	7	5	3	6	9	8	2

ALPHA TRIANGLE
H, Oh, Rho, Hour, Rough, Trough, Brought.

GO FIGURE
Easy
8 + 6 – 2 – 8 = 4
Medium
8 + 9 x 1 x 5 = 85
Hard
5 – 6 + 9 – 4 = 4

LOOP

KAKURO

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Award for Daniel Craig Hollywood star Daniel Craig has received the same honour as his iconic character of James Bond. He was awarded a CMG at Windsor Castle for services to film and theatre, reports 'Evening Standard'

Love at first sight

Kat reveals she was bowled over by Vicky's talent when she first saw him

Katrina Kaif and Vicky Kaushal are happily married and often dish out Major couple goals. Having said that, time and again, the stars acknowledge their love for each other during events and media interactions. Katrina was recently asked about the first time she saw Vicky.

In a media interaction, the actress shared, "I remember (producer) Aanand L Rai showing me a promo of Manmarziyaan and I was like, 'Who is this guy?!' At that point I just saw him and was like wow! He was so effortless and raw. He has that talent."

Talking about her wedding, she added, "It felt like it was a culmination of a beautiful journey, which was super unexpected for me. It just came out of nowhere. It literally did."

She further shared, "The entire celebration, the three-day long ceremony of our marriage was filled with that much love, warmth and we could also feel everyone's happiness. I could feel everyone was happy and that people's wishes were with us."

Katrina celebrated her first Karva Chauth with hubby Vicky Kaushal. While she was fasting on the occasion, she revealed that she got a lot of support from Vicky too. The actress told a news portal that she was hungry and was waiting for the moon to be seen, to break her fast and that Vicky was also fasting with her. "

—ETimes

DP opposite Mahesh Babu in Rajamouli's next

After the phenomenal success of 'RRR', superstar director SS Rajamouli is making his next movie with Telugu superstar Mahesh Babu in lead.

The film, written by Rajamouli's father KV Vijayendra Prasad, is said to be inspired by real life events and the latest buzz is that it will star Bollywood actress Deepika Padukone opposite Mahesh Babu.

Tentatively titled 'SSMB29', the film is an adventure drama and will most likely go on floors by the first half of 2023. According to the media reports, this will be the first time when Deepika and Mahesh will be working together.

Meanwhile, Deepika is currently busy with another pan-India film titled 'Project K', where she will be seen along with Prabhas, Amitabh Bachchan and Suniel Shetty. The film, which got delayed by a year due to Covid-19 pandemic, is being directed by Nag Ashwin.

Earlier, Deepika fell ill on the sets of 'Project K', but soon recovered and was back to shooting the fim.

Prabhas is gearing up for his upcoming mythological film 'Adipurush'.

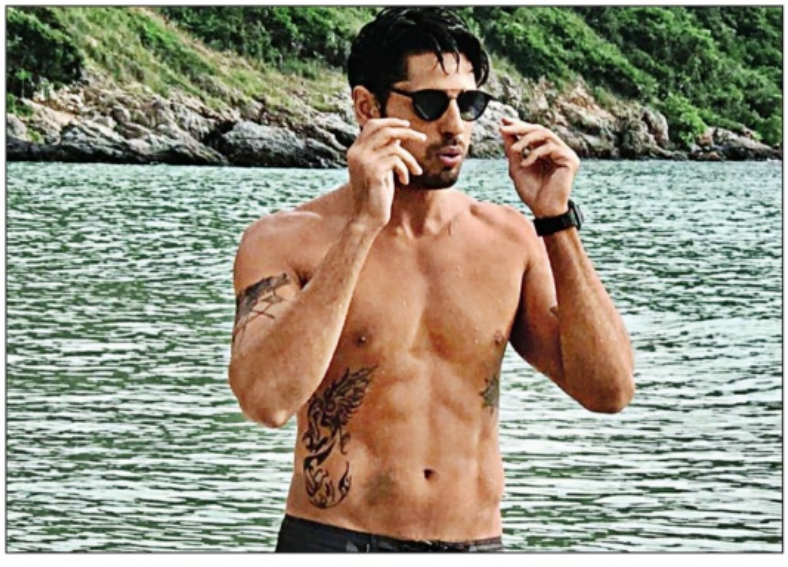
—IANS

Cancel culture

Nora Fatehi is known for her swift moves and entertaining acts on the big screen. The actress often performs at packed shows and was scheduled to be a part of an event in Dhaka this week, but the same has been called off.

The actress was to make an appearance at a women entrepreneur awards ceremony today, but the Ministry of Culture of Bangladesh cancelled the same to maintain the balance of foreign exchange reserves in the country. In its notice, the Ministry of Culture reportedly stated that in view of Bangladesh Bank's memorandum to maintain the foreign currency reserves in the country, Nora cannot be allowed to perform at the event which was hosted by Women Leadership Corporation. The ministry's notice cited that the decision has been made "in view of the global situation and with the aim of maintaining the foreign exchange reserves."

ETimes



Super cool

10 years of Sidharth Malhotra: The most crush-worthy snaps of the actor on Instagram

Watch this story come alive by pointing your phone camera at the QR code

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Passionate director

Ramanatha Brahmanapalli, a software engineer working in the US, spent all his earnings to make a Kannada movie. Ramanatha, who hails from Brahmanapalli in Ballary, was working in the US till 2018. Then he returned to his hometown to make the film Nahi Jnanena Sadrusham. The movie's tag is -- Education with entertainment.

"It is my passion towards filmmaking that made me come back to Karnataka. My objective is to convey a message on the importance of education and the need for innovative methods to teach students in classrooms," said Ramanatha.

Ramanatha plays the lead role (teacher) in this film. He told BM, he spent all he earned in the US for this movie. "I am thankful to the shool's management for allowing the use of its campus to shoot this movie. I am planning to release this movie in November and go back to the US," he said. The director said school children would benefit if teachers add an element of fun to their teaching. He said his friends had also invested in the film.

Nahi Jnanena Sadrusham is about a person who returns from the US to join an ashram but ends up working as a teacher. Its poster was released by Karnataka Film Chamber of Commerce president Ba Ma Harish recently.

The game is on

Actors Yogi, Ajay Rao, Dharma Keerthi, Milana Nagaraj, and Darling Krishna are all set to play soccer and cricket in Sri Lanka and Maldives soon. An event was organised recently at a five-star hotel in Bengaluru to announce the tour of actors to Sri Lanka and Maldives. The event was organised by Tournival and Anyelp Entertainment. "Sri Lanka has been my favourite destination. I agreed to attend the event without hesitation when the organisers approached me," said Priyanka Upendra.

Zakir Hussain, CEO of Anyelp, said talks are on with Sandalwood and Bollywood actors. "As of now, Ajay Rao, Yogi alias Loose Mada, Dharma Keerthi, Milana Nagaraj and Darling Krishna have agreed. We are planning to have a 20-member team. Actresses too are expected to accompany the team," said Zakir Hussain. Sri Lanka's Minister for Tourism said her government would extend all help. "I welcome tourists from India. Our economy is bankrupt but our culture, traditions and beauty are intact," she said. Maldives Minister of State for Tourism Ibrahim Rasheed said the Tournival would help strengthen cultural ties.